

The Long Thumb

One common and easily corrected grip flaw I see on a regular basis is the dreaded long thumb. So you can better understand and quickly identify if you suffer, please use the pictures below as a reference.

As you can see the name says it all, the thumb on the left hand is flat and running down the grip all alone with a big separation from the index finger. The correct grip will put the index finger closer to the thumb and force the club down in the fingers.

To get a better feel for the correct positions use the last picture as a guide. It should feel like a pinching action, one you would use to force tooth paste out of a tube.

Long Thumb

Correct Grip

Practice

