



If you take a good look at the best players of yesterday and today, a very common move starts to reveal itself. Above are pictures of (starting from the left) Ben Hogan, Sam Snead, and Jack Nicklaus. Below (left to right) John Daly, Tiger Woods, Rory Mcilroy.

Look toward their lower body, more specifically their back leg (Right leg). As each of them has started their backswing, the back leg has become straight. In essence the back leg in the golf swing should act more like a kick stand. By making this motion, the player will stay more centered over the ball and have the ability to make a larger hip turn.

Next time you're on the range practicing, try hitting a few shots and straighten your back leg. I think you will be surprised how your contact improves.

